

What is it like to be...kind-of..dead?

Last SOL issues' author Prana is still busy describing his third Near Death experience, and so we thought we would delight you with another highly unusual author and his life-time of journeys out-of-body (OBE) which occurred during lengthy and regular meditations. Jurgen Ziewe gives a "first-hand eyewitness account of the world as it presents itself to us after we die. It is based on the journals compiled over four decades of his out-of-body experiences either during deep meditation or lucid dreams, which were compiled into his book *Multidimensional Man*. **He describes in his book how he explores our multidimensional universe in full waking consciousness during his out of body experiences.** He explains how he met mentors who trained him to enter worlds which are beyond our everyday human experience and consciousness." (Multidimensionalman.com)

Jurgen Ziewe is a highly credible, internationally known art-professional and family man during his in-body hours. And we are further impressed with the ap-

parent integrity of his work by the fact that he kept his journals to himself for all these decades lest someone misinterpret his unusual adventures. Jurgen's book is an exciting journey on which we can accompany him through the amazing universal dimensions he explores by way of his detailed descriptions. He reports how he adhered to narrow criteria while compiling his OBE reports, namely

1. Full waking consciousness
2. Full awareness of his social identity
3. Full awareness of the location of his physical body (usually in bed or in deep meditation)
4. Full awareness of being in an altered state of consciousness.

Only the criteria meeting these strict guidelines for himself would be entered into his journals and only the most relevant and interesting results were compiled in his book *Multidimensional Man*. **However, the material we chose to present to you below is actually in the form of a synthesis of some of the essential teachings he obtained while visiting these other dimensions.** SOL

The Super Powers

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Notes about the book: *Multidimensional Man*

Very early on in my investigations I concluded that objective creation exists on other dimensions in exactly the same way as creation exists in the physical universe, regardless of the observer. The idea that we are dealing with vague or vaporous matter - the product of dreams and imagination - is utterly absurd when waking in the actual environment of the higher dimensions. Experiencing firsthand such a vast and magnificent world with such clarity and detachment is just something that cannot be conveyed adequately in words.

On the other hand it is tempting to conclude that because the creative powers of imagination, expectation and intention play such an active part in the shaping of the environment, the next dimension is nothing more than a product of the imagination. But even that doesn't make it any less real to the observer who finds himself inhabiting that dimension. Once the physical viewpoint has disappeared, upon entering the next dimension, we will get accustomed to a totally new experience of reality, one that follows new and exciting laws.

My most important observation was that the energy of creation on these higher dimensions is far more pliable and adaptable to various forces than on the physical strata.



The major one is the universal force of creation, the same which brought our physical universe into existence. But there are other forces that manipulate the energy in any way they want, as the energy is so much more fluid and dynamic than in the physical universe.

Whereas on the physical level we need to employ physical means to shift physical matter, on the levels above one employs mental means to shift mental matter, but the mental matter is not less real than physical matter is on the physical plane.

Not only are those universes not vaporous, they appear extremely solid once the visitor has taken residence there, in the same way as our physical

universe appears solid to us. Just because it can be manipulated more dynamically than matter on Earth doesn't make it less real, in the same way that water is not less real than rock because it can be transformed into ice and steam and can be forced into different molds.

What really determines reality is a state of awareness. The higher we rise through the inner dimensions and the closer we get to our innermost layer of consciousness, the more powerful the awareness of being and life becomes. From our earthly viewpoint we prefer to look upon the higher dimension as being flimsy, vaporous and

phantom-like simply because we place it firmly in the realm of imagination. In fact, the opposite is the case. Once one has awoken on the higher planes, Earth life appears as a dim dream. The power of consciousness increases proportionally the higher we ascend through the different dimensions. All our sensory powers and human faculties of awareness increase as well. This is why in Buddhism the state of the higher consciousness is referred to as the awakened state. We have to get used to the idea that we are nothing more than universal energy trapped in a dream from which we will awake gradually into our proper life.

Another thing we will have to get used to is that our new environ-

ment will be much more dynamic and responsive to our thoughts and desires.

Quantum scientists are knocking at the doors of the next dimension, and have already discovered that simply by their presence the experimenter has an effect on the behavior of matter on the subatomic level (this is called 'the observer effect'), and research is underway to measure the influence of thought on microscopic growth and crystal formation. If this is the effect the observer has on the relatively coarse physical matter, then it is easy to understand that when we have broken through the barriers of the subatomic structures into the next dimension, these influences are much more pronounced.

And this is exactly what I found.

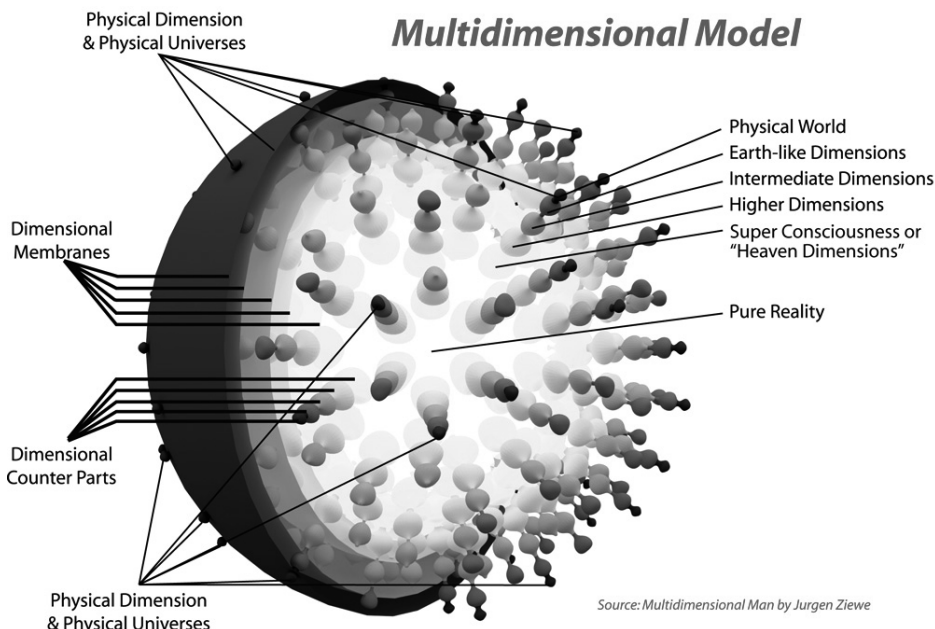
In [my] book are many reports that illustrate this point, like the people in the carnival procession shaping matter, including their own bodies, into extravagant shapes, showing that matter in the next dimension is infinitely more pliable, fluid and adaptable to other energy forms such as intent and creative thought. All this will be exploited to the extreme by us as humans once we take a more 'permanent' residence in the higher dimensions. *Being such a very inventive, adaptable and creative species, we come into our own when transcending our physical limitations and boundaries after we 'die'. Our passions and energies are set in motion while still on Earth and enhanced incredibly on the next dimension.*

The inhabitants basically employ five types of power when manipulating the subtle dimensions; the power of intent, the power of expectation, the power of the subconscious, the power of desire and the power of consensus.

The Power of Intent

I found there are a number of human-induced forces that shape, mold and shift matter on other dimensions. One of them is the power of intent. This creative force allows the inhabitants, including visitors like myself, to manipulate the matter and the world to an incredible degree and to make it conform to any wish we are capable of dreaming up. This power gets more intense the higher the dimension. These energies can be so potent that they can even include the apparent creation of other living entities, which I described when visiting the 1920s colonization of an alien planet.

At this point it is worth considering the implication of these forces on the environment of the inhabitants. To my great astonishment I found that not only the thoughts of the perma-



**There is
a wormhole right in
the center of our brains
which can catapult us into a
parallel world. This world
can be experienced with the
same level or greater conscious
waking awareness
as our physical life.**

~ Jurgen Ziewe

nent residents shaped their environment, but that we, still living on this physical plane, are responsible for some of the features of their world. On one occasion in the late seventies I was given a guided tour through a very modern hotel by the designer on the next dimension. The modern, mold-breaking design was akin to what you can now find in boutique hotels and in some of the most avant-garde architecture and interior design, but manifested years before anything like it was built on the physical level. It was no doubt dreamed up by the designers of such buildings on the physical level and inspired by the resident designers on that other level.

We can easily imagine the kind of paradise awaiting artists, designers, architects and filmmakers over there, where the restrictions of money, materials, manpower, gravity and other earthly **limitations simply do not apply. The environments created there are of such astounding creativity, variety and sheer inventiveness, that they would be nigh-on impossible to achieve on Earth because of the resilience of our matter and its gravitational laws.**

The Power of Expectation

Another force of creative power is expectation. On numerous occa-

sions I found that expectation was such a powerful energy it could bring objects into existence almost instantly. When looking down on my body, for example, and wondering what I was wearing, I was always dressed. But I am certain that the power of expectation plays a much greater part in shaping the environment of the higher dimension.

It is a power which is based on what we know to be true, and it takes its power from an underlying principle in nature which has proven itself over time and evolution. I refer to it as 'the matrix'. *The matrix is a cosmic energy pattern containing the blueprint of everything in existence, or even thought of. Simply by expecting something, we conjure up its latent pattern and propel it into existence in an instant. Expectation is such a powerful, direct route to creation because it contains no weakening factors like doubt or indecisiveness.*

This also applies to motion. The moment we expect to be in a certain place, we are there. If we expect to be dressed we are in the kind of dress or costume we expect. The blueprint of creation is already dormant. It is etched, or hardwired, into a cosmic matrix, waiting to be conjured up and released into the world. You could compare it to a computer calling up information from its hard drive and then running a program.

This principle will become a major point of reliance in the physical sciences of the future, because organizing physical atoms around these laws is only a matter of degree.

The Power of the Subconscious

Other forces at work on the next dimension are subconscious forces that shape our dreams and nightmares. I am certain that the dream-world we

enter during sleep borrows its substance from the matter of the non-physical dimension. As I have never actually witnessed other people's dreams I have concluded that we, as dreamers, create the dream content, which vibrates on a dimension attuned totally to our own vibratory field and therefore invisible to other people. Whether we can enter other people's dreams I do not know, but I have never been aware that what I have witnessed was somebody else's creation.

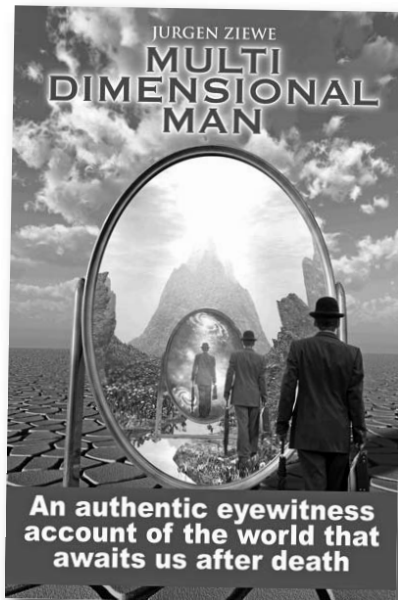
I have, however, met people who were dreaming. They can be identified by a strange remoteness, sometimes distressed, sometimes agitated, very similar to when we come across people who are daydreaming. I can sense when I meet dreamers who have made their way into the next dimension but are engrossed in a dream. Sometimes they are even involved in some form of activity while dreaming, similar to sleepwalkers on this level.

Subconscious forces are energies we carry over to the next world. In the higher planes they release the energies of life-long dreams. If we wished for a supercar on the physical world, but were never able to earn enough money to afford it, then the energy builds up in those fantasies and dreams now comes to the fore and finally our dreams come true. A large part of our future environment is based on our dreams and wishes - strong energies built up during our lifetime, now set for release and fulfillment. Science can teach us that energy does not get lost, but triggers other events. The events find their manifestation on the next dimensions.

On the higher levels we can all be 'lottery winners'. If you are a reasonably positively-charged and motivated person then your dreams will come true. So you can stop buying lottery tickets and be patient instead. If you nurture powerful dreams then they will all come true in time.

But if you are negatively charged, selfish and out to get the better of other people to further your game-plan, keep buying those tickets, because this will be your best chance of fulfilling your dreams. ***To access the matrix, you need positive emotions or you may have a long time to wait.***

Negative energies also form part of these subconscious forces. On the lower dimension they can have hideous nightmarish manifestations, which will create another horrific aspect to the life of the individual inhabitants. The best illustration is that of a criminal who may have murdered or committed an act of violence against another person: the negative energy of his victim, and the suffer-



ing, resentment and anger of the victim's family, creates powerful forces that often manifest in hideous and violent artificial entities. Like wishes, these too are energies which accumulate, if they cannot find full expression in this dimension. These will attach themselves to the criminal and unload their viciousness when he or she has the least protection - after death.

The Power of Desire

In occult literature the next dimension to our physical one is often referred to as the "desire world".

Emotion is one of the predominant and most powerful forces, but our body on the physical with its relatively sluggish neural system gives us a degree of protection against overwhelming emotions. I also found that a whole new spectrum of emotions opens up to us on the next level which we may never have experienced before here on earth. My own experience has been that feelings were amplified greatly. Here they flow freely and the person who is not in control of their emotions will quickly be confronted with the effects they conjure up. I could easily break into tears of joy on the next level when meeting someone I loved and then, upon returning to my physical body, find no trace of that emotion.

One of the most powerful feelings for man or woman is sexual desire. Once it comes to the surface on the next level a person is instantly catapulted into the company of like-minded people. I found that these feelings are generally more accepted on the next level, probably because they are such a strong and integral part of our human nature. They are less easily suppressed there and have been more readily accepted as an everyday part of the social environment, but that doesn't mean sex is

rampant, because people naturally choose their social environment in much the same way as they do on earth.

Emotional power can create a whole range of artificial entities, which can be beautiful angelic creatures, brought about by intensive love for another person, like that of a mother for her child or between lovers. I can imagine that Cupid and Amor may have originated here. Although their life force is dependent on the will of their creators, they are nevertheless convincing copies of their human creators.

The Power of Consensus

We have seen the vast creative as well as the destructive power of the subconscious. But there is another formidable force which has imprinted itself in the next dimensions: the power of consensus - the combined creative force of man, which on this planet has led to the creation of whole civilizations, cities and cultures. Take this to another level, where the physical and economic laws no longer apply, and you can imagine what man might be capable of. The most exciting encounters I discovered was when every aspect of creation man had achieved on Earth was enhanced exponentially, diversified and elaborated on the next dimensions. There were even creations which had no counterpart anywhere on Earth.

The combined will of creativity can achieve worlds of such magnificence and grandeur that can leave us Earth dwellers absolutely speechless. This communal power can create whole worlds - civilizations that pay homage to us as the masters of the universe. In the physical level, we as a species have achieved great things in architecture, art and culture; but in the absence of physical resistance, and with the pliable and fluid matter of the next dimension at our free disposal, imagination is not hampered by material limitation and whatever can be imagined on this level is a physical reality somewhere on the next dimension.

Some of the cities I saw were tens of thousands of years old: indestructible by the consensual agreement of the people who lived there. ***In the face of this we should prepare ourselves for the greatest adventure of our lives at the moment we pass through the gates of death, and yet it very much depends on our own capacity of imagination whether we will be attracted to look forward to seeing such grandiose monuments.***

It is important, though, to remember the law of attraction. Many of us on this planet make little use of our imaginative powers or our sense

of adventure. It is obvious that our afterlife environment will be in keeping with what we expect (i.e. what we are used to), plus elements of our dreams. The same is to be said about belief systems, which too will create the environment sought by those who subscribe to it. A vast number of people may quite happily settle in environments little different from our physical world; but of course, as boredom sets in, so does the desire to extend the comfort zone.

The diversity of our increased power on other levels extends, of course, throughout all cultures. It is important to remember that people of nations with unique cultural heritage will enhance their world in line with their identity.

I once travelled to the higher dimensional counterpart of Thailand. There I came across a water-world consisting of thousands of little islands. Each island was occupied by families or groups of people. The atmosphere was very serene. The waterways separating the little islands were illuminated by millions of lanterns, and the rich vegetation and flowers on the earth grew to such height that they melded seamlessly into the dwellings of the families in their paradise communities. Each island was unique and individual and yet blended with all the others in perfect harmony. There was plenty of singing, music and laughter, and everyone was extremely attractive and friendly towards me.

There was no sense of monotony in this environment. As I drifted through the island world with a sense of anticipation I found myself surprised by the unique character of each of the islands, dwellings and structures. It was a continuously unfolding world of wonder. I could see children underwater, chasing exotic fish and dolphins in the breathtakingly beautiful reefs. I dived in too, (I was able to breathe without any fear of drowning), and encountered a rich underwater kingdom with a multitude of different creatures I had never seen or heard of before.

People who are accustomed to going on regular holidays may well feel inclined to spend a few Earth equivalent centuries exploring the higher dimensional counterparts of our world when they die.

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Our gratitude goes to Jurgen for his
generosity to our readers.**

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About the Author:

Jurgen Ziewe was born in 1947 as the middle child in a small town in West Germany. His father died after a prolonged illness when he was only nine years old. ***This event changed his life dramatically especially as shortly after his death his father appeared to him in his sleep, trying to persuade the young boy to tell the rest of his family that his father was alright and well.*** Although nobody believed him, Jurgen was convinced from then on that life did not end with physical death. Passionate about abstract art Jurgen sought out the last surviving pupil of Kandinsky and enrolled at Hamburg Academy of Art. ***But it was his desire to seek the source of creation and the mystery behind the appearances of life that made him embark on a path which would change his life forever.***

At the age of 22 he began to devote large chunks of his time to a regime of prolonged and deep meditation. Disenchanted with established esoteric institutions and cults, he rejected their influences, directing his attention inwards which led to a life-changing waking experience. ***Soon after this he developed the ability to project out of his body, which he recorded in his diaries where they stayed for nearly forty years.***

These powerful experiences shifted the emphasis of his artistic work away from abstract art. In the nineties, with the help of sophisticated computer programs, he attempted to recreate these scenes. Soon his work was noticed by poster publishers who firmly established him as a fantasy artist who sold over two million posters world-wide. ***The book publisher Collins & Brown too became aware of his work and published a folio biography of the artist, New Territories - The Computer Visions of Jurgen Ziewe, 1977.*** His work subsequently featured on best-selling science fiction novels (in France) of writers Robert Silverberg, Vernor Vinge, Steven Baxter, Iain Banks and Peter F. Hamilton and others. ***Jurgen also carved out a career as a highly sought after illustrator employed by some of the world's largest advertising agencies and multinational companies as well as book publishers.***

His book *Multidimensional Man* evolved when the author tried to organize his diary entries to preserve the information for his family and children. When reading them all for the first time in over thirty years, Jurgen became conscious of the powerful thread that had run through his spiritual life which he had kept secret for the greater part of his life. Once organized into book format it was only a small step for it to find its way into published form, where it is now available via Amazon.com.